



PROVIDER ALERT

Maryland Public Behavioral Health System Level of Care Appendix *Updated*

May 4, 2023

Updates have been made to the Maryland Public Behavioral Health System [Level of Care Appendix](#). The “Service Reminders” sections of the following chapters have been clarified:

- Psychological Testing (page 27)
- Opioid Treatment Programs (page 48)
- Outpatient Services (page 21)

These updates reflect that service limitations are based on medical necessity and are not “hard” limitations. The combination of services rules for [mental health](#) and for [substance use](#) have also been modified to reflect these updates.

This Appendix is a work in progress and if providers note wording that could benefit from clarifications, they can email omd_providerrelations@optum.com for future updates to the Level of Care Appendix.

The updated Level of Care Appendix can be viewed on the Optum Maryland website <https://maryland.optum.com> under the “Behavioral Health Providers” drop-down tab, on the “[Provider Manual](#)” page.

Thank you,

Optum Maryland Team