

Provider Alert
COVID-19 Webinars – Today
May 27, 2021

Target Audience: All Behavioral Health Providers

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

The CovidCONNECT Webinar Series presents *From the Lab to the Clinic: Insights Into Depression and Future Treatments*

On Thursday, May 27 at 5 p.m. Dr. Mani Yavi, Diane Dillard Broadnax, Yamila Carmona will look at insights into depression in light of the pandemic, as well as current and future treatments. The webinar is hosted by Dr. Yavi, a clinical fellow at the National Institute of Mental Health in the Experimental Therapeutics and Pathophysiology group. He conducts clinical research on novel treatments for depression with a focus on developing biomarkers to better characterize treatment-resistant depression.

These free webinars are curated specifically for Marylanders who have been impacted by COVID-19. Developed by BHA in partnership with National Alliance on Mental Illness (NAMI) Maryland, 211 Maryland and other stakeholders, these presentations include speakers who cover topics on mental health, wellness and recovery. Visit the [Covid Connect website](#) to learn more and [register](#). Or [share this flyer](#) with your networks.

BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

These webinars are for Maryland's health care workers of all disciplines. They are designed to enhance both health care worker self-care and the care they provide, as health care workers combat numerous challenges including the pandemic, social justice issues, and other stressors that can potentially impact delivered care.

CMEs will be available at no cost, as will Participant Certificates, which for other disciplines may qualify for CEUs or other continuing education credit, although these are not approved for CEUs by the Maryland Board of Social Work Examiners. Participants should check with their certifying organizations to see how these would apply.

Thursday, May 27: Spirituality and Self-Care for Health Care Workers. Shinelle Oglesby, MS, LCPC. Moderator: Chaplain Dennis DuPont. Visit the website to [learn more](#), access archived webinars, [share this flyer](#) with your networks or [register now](#).

Thank you,

Optum Maryland Team

Please visit our website at maryland.optum.com for provider resources, online training, and more information.