

Provider Alert

COVID-19 Webinars and Support

June 4, 2021

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

Behavioral Health Provider Webinars with Public Health

BHA hosts a weekly Behavioral Health Provider Webinar with Public Health every Friday, 10–11 a.m. Visit the BHA website for more information including archived presentations.

Please note: The webinar on Friday, June 11 will be on Zoom (instead of Cisco Webex) so please <u>register here</u> and find more information below:

Updates on the Vaccines and Vaccine Hesitancy

On Friday, June 11 (10-11 a.m.) this webinar will focus on the latest information on the vaccines and how to effectively communicate with those who are vaccine hesitant, including those unsure about the severity of the pandemic. Presenters are MDH's Rebecca Perlmutter, MPH, and Tara Sell, PhD, an Assistant Professor with Johns Hopkins, with the moderator being Vickie Walters, LCSW-C, President of MATOD and Executive Director of REACH Health Services. For questions, contact steven.whitefield@maryland.gov. Register here or learn more and share this flyer with your networks.

The CovidCONNECT Webinar Series presents Resilience and Well-being

On Thursday, June 10 at 5 p.m.: presenter Catherine Gray looks at what resilience is, how we can build resilience skills in ourselves and how we can foster resilience in others. Resilience is the strength, skills and resources to help us thrive. These skills can be developed and enhanced throughout our lives. With over 20 years of experience in clinical social work and crisis intervention, Catherine Gray currently serves as Deputy Director for the Anne Arundel County Mental Health Agency where she provides oversight and

supervision of the Crisis Response System and the agency's clinical services team.

These free webinars are curated specifically for Marylanders who have been impacted by COVID-19. Developed by BHA in partnership with National Alliance on Mental Illness (NAMI) Maryland, 211 Maryland and other stakeholders, these presentations include speakers who cover topics on mental health, wellness and recovery. Visit the Covid Connect website to learn more and register.

BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

These webinars are for Maryland's health care workers of all disciplines. They are designed to enhance both health care worker self-care and the care they provide, as health care workers combat numerous challenges including the pandemic, social justice issues, and other stressors that can potentially impact delivered care.

CMEs will be available at no cost, as will Participant Certificates, which for other disciplines may qualify for CEUs or other continuing education credit, although these are not approved for CEUs by the Maryland Board of Social Work Examiners. Participants should check with their certifying organizations to see how these would apply.

Thursday, June 10: Finding Purpose and Results in the Pursuit of Health Equity. Stephanie Slowly, MSW, LCSW-C. Moderator: Arif Griffin, PhD. Visit the website to <u>learn more</u>, access archived webinars, <u>share this flyer</u> with your networks or <u>register now</u>.

BHA continues to update behavioral health COVID-19 related resources on the <u>BHA website</u>. Please submit COVID-19 related questions <u>here</u> or email <u>bha.inquiries @maryland.gov</u>.