

## PROVIDER ALERT

### Authorization Requests for Bed-Holds for Mental Health Residential Crisis or Mental Health Residential Rehabilitation

January 5, 2022

**Target Audience: Crisis Residential and Residential Rehabilitation Providers**

#### Issue

Existing protocols for bed hold codes for Residential Crisis and Residential Rehabilitation beds need to be clarified.

#### Resolution

We have made an update to the MH-Residential Bed-Hold authorization plan. As of January 10, 2022 this authorization plan will be replaced by two new bed-hold authorization plans:

- One plan for Mental Health Residential Crisis services, and
- One plan for Mental Health Residential Rehabilitation

#### Provider Action

Providers should follow the guidance below on authorization requests for bed hold plans.

**To request a Mental Health Residential Crisis Bed Hold** (can only be requested on Concurrent, in lieu of a request for additional MH Residential Crisis units):

- Select “*MH-Residential Crisis Bed Hold Authorization Plan*” which will only offer code “H0019”
- The value for units will default to zero. Users must enter the number of units being requested, up to 30 units maximum
- Once the request is completed, it will be routed to the CSA/LBHA for review

**To request a Mental Health Residential Rehabilitation Bed Hold** (only can be requested on Concurrent, in lieu of a request for additional MH Residential Rehabilitation units):

- Select “*MH-Residential Rehabilitation Bed Hold Authorization Plan*” which will only offer code “H0019”
- The value for units will default to zero. Users must enter the number of units being requested, up to 30 units maximum
- Once the request is completed, it will be routed to the CSA/LBHA for review

If you have questions about the information in this alert, please contact [MarylandProviderRelations@optum.com](mailto:MarylandProviderRelations@optum.com)

Thank you,

Optum Maryland Team