



PROVIDER ALERT

COVID-19 Resources and Webinars

February 24, 2021

The Maryland Department of Health (MDH) Behavioral Health Administration (BHA) regularly updates resources and information related to COVID-19. Here is the latest information:

Behavioral Health Provider Webinars with Public Health

This Friday, February 26, the weekly Behavioral Health Provider Webinar with Public Health will address vaccine hesitancy. This webinar targets behavioral health providers and includes topics related to public health. It is held every Friday from 10–11 a.m. and [archived presentations](#) are on the BHA website. Providers are encouraged to submit questions to Sydney Rossetti at sydney.rossetti@maryland.gov by COB on Wednesdays to be answered during the webinar. [Join or find the latest session information here.](#)

BHA/MedChi Behavioral Health Webinar Series: Helping the Helpers and Those They Serve

These webinars are for Maryland's behavioral health and medical health care workers of all disciplines, whether working in community or hospital settings. They are designed to enhance both health care worker self-care and the care they provide, as health care workers combat numerous challenges including the COVID-19 pandemic, social justice issues, and other stressors that can potentially impact delivered care. CMEs will be available at no cost, as will Participant Certificates, which for other disciplines may potentially qualify for CEUs or other continuing education credit. Participants should check with their certifying organizations to see how these would apply. Next: **Thursday, February 25: How to Address, Manage, and Heal from the Racial Microaggressions Experienced by Health Care Workers in Everyday Life.** Visit the website to [learn more](#) and register or [access and share this flyer](#).

Free Mental Health Support for Long-term Care Staff

Mental health support is now available for staff at assisted living facilities, group homes, as well as nursing homes. The Maryland COVID-19 Crisis Support Program offers free, confidential mental health support to ALL employees of Maryland's long-term health care facilities impacted by the coronavirus outbreak. [Learn more](#) or get help now: For urgent requests, call 1-800-648-3001. To receive mental health services for yourself or your organization visit bit.ly/marylandcovidsupport. [Information now available in Spanish](#). For questions, email miemss.crisisresponse@maryland.gov.

Mental Health Support for Providers and the Public

BHA created [extensive lists of webinars, trainings, support groups, and info guides](#) for clinicians and the general public, which are regularly updated on the BHA webpage. If you see a resource that we have not included, let us know: bha.inquiries@maryland.gov.

BHA continues to update behavioral health COVID-19 related resources on the [BHA website](#). Please submit COVID-19 related questions [here](#) or email bha.inquiries@maryland.gov.

Thank you,

Optum Maryland Team